FLUSHING YOUR CATHETER

- Prepare clean work area.
- Wash hands thoroughly with soap and water.
- Gather supplies:
  - _____ syringe(s) of Saline (Sodium Chloride)
  - _____ syringe(s) of Heparin _____ u/ml
  - Alcohol pads

Steps to Flushing Your IV Catheter

- Remove syringes from packages.
- Remove the air from all the syringes. Twist off the protective cap and place the cap on a clean work area or an alcohol pad. Remove the air by holding the syringe upright and gently pushing on the syringe plunger until the air is removed.
  *Be careful not to touch the tip of the syringe.
- Recap syringe to keep the tip clean.
- Clean the injection cap (blue cap at the end of your IV catheter) with an alcohol pad.
- Remove the protective cap off the saline syringe and attach the syringe to the injection cap (blue cap) by slightly pushing and twisting the syringe until it’s secure.
- Open clamp(s).
- Flush catheter slowly as directed. After saline flush, remove syringe and repeat steps with heparin flush. Clamp the catheter before removing your Heparin syringe.
- If more than one lumen on your catheter, be sure to flush all lumens daily or as directed.

Things to remember:

- DO NOT REUSE ANY SYRINGES.
- Never use excessive pressure to flush your IV catheter, you may rupture the catheter.
- If pain, burning, or swelling around your catheter, call your home health nurse or physician.

Please call Infusion, LLC any time with questions/concerns @ (316)686.1610 or (866)734.9608.